



## **HOSPICE & PALLIATIVE CARE CERTIFICATE**

## Self-Paced Fully Online Training

We have a passion for delivering the highest quality end-of-life experience for patients and health care providers. Saint Elizabeth has delivered compassionate care to Canadian communities for over 100 years. We are pleased to share our passion and knowledge to support you and your organization in providing end-of-life care.

Start training your staff today with our new online training certificate!



## Leveraging an interactive approach, this certificate offers employers training that is:

#### Convenient



This self-paced program can be started and stopped at anytime and anywhere

#### **Engaging**



Our interactive elearning approach drives knowledge retention and keeps participants highly engaged

#### **Cost-Saving**



Online training removes the cost associated with instructors, facilities, and travel

Palliative Care Elearning is a great tool for:

# **COURSE** OVERVIEW

Over a series of five modules, this course provides learners the opportunity to learn about best practices for palliative and end-of-life care for clients and their families. Using a wholistic framework to understand the dying process, learners will explore concepts from advance care planning to the last hours of life through death, grief, and bereavement. Students will learn how to provide care that is culturally relevant and honors the choices, traditions, and values of the dying and their families.



## **Learning Outcomes**

After completing the course, students will be able to:

- Utilize reflection to identify their own beliefs about death and dying
- Identify cultural approaches to end-of-life care
- Demonstrate an understanding of the dying process and common reactions/experiences as clients and their families approach death
- Discuss the philosophy and principles of care used in hospice and palliative care settings
- Display an understanding of the care of common physical, emotional, cognitive, spiritual, and social symptoms at the end-of-life
- Display an understanding of how to support a client and their family during the last days and hours of their life, and after death
- Demonstrate an understanding of the key concepts of loss and grief
- Discuss and understand self-care needs of the health care worker caring for a dying client.
- Discuss concepts and processes surrounding advance care planning

## **Topics Covered**

- 1. Considering Wholistic Approaches to Death and Dying
- 2. Wholistic Support of the Dying Client
- 3. Approaching Death
- 4. Loss & Grief: Family and Caregiver Support
- 5. Advance Care Planning

## REGISTER

at

onlinetraining.saintelizabeth.com

\*90 day access

\*\*bulk pricing available



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Saint Elizabeth Health Career Colleges are a national network of not-for-profit regulated vocational schools operated by Saint Elizabeth. Recognized as Canada's largest social enterprise, Saint Elizabeth focuses on making a positive impact in every community. Since 2015 alone, Saint Elizabeth has invested \$4 million in end-of-life care and has received the Canada Order of Excellence for global best practices in hospice and palliative care.

